

NaviCare® Save Now card qualifying items

As a NaviCare SCO or HMO SNP member, your Save Now card includes up to \$848/year—\$648 to buy things like pain relievers and cold medicine, and \$200 to buy things like soap, shampoo, groceries, and more.

Buy items in a store, or place an order by phone or online, with free shipping. Below are some examples of what you can buy with your card. It's not a complete list.

You can use your card at many retail stores, such as:

- CVS Pharmacy
- Dollar General
- Family Dollar
- Hannaford
- Rite Aid
- Stop & Shop
- Walgreens
- Walmart



To use your card online, visit mybenefitscenter.com to access our two mail order partners—Convey and Medline.

If you'd rather call to order, you can call them directly at:

- **Convey:** 1-855-595-1293 (TRS 711), 8 a.m.-11 p.m., Monday-Friday.
- **Medline:** 1-833-569-2330 (TRS 711), 8 a.m.-7 p.m., Monday-Friday.

\$162 of your quarterly balance can be used to purchase items to keep you healthy. Here are some examples:

Category	Details
Cold and Flu	Cough, cold and flu medications, sore throat relief, allergy, sinus, combination allergy/sinus, nasal and respiratory treatments, such as asthma preparations, vaporizers (includes waterless vaporizers), humidifiers
Compression Hosiery	Low compression, high compression
Diabetes Care	Health and personal care such as diabetes skin care, external pain relief, alcohol swabs, nutritional and wellness items, such as supplements, urine testing kits
Digestive Health	Stomach remedies, acid controllers, anti-diarrheals, lactose intolerance and digestive aids, laxatives, anti-gas products, hemorrhoidal preparations
Eye and Ear Care	Reading glasses, contact lens care, eye preparations, such as dry eye relief, eye wash, sleep masks, ear care
First Aid	First aid dressings, anti-itch treatments, first aid kits and supplies, first aid treatments, anti-parasitic treatments

Category	Details
Foot Care	Cushioning and treatments, wart removers, anti-fungal treatments
Health Supports	Elastic bandages and athletic treatments, braces, hot/cold therapy, abdominal supports and rib belts, orthopedic and surgical support
Home Diagnostic and Patient Aids	Bathing and oral hygiene aids, grooming and dressing aids
Home Health Care	Diagnostic products, specialized orthopedic braces/supports, wound care, bathroom safety products
Incontinence	Disposables, reusables, supplies
Oral Care	Non-whitening toothpaste and treatments, oral remedies, toothbrushes, denture products, interdental materials, gum care
Pain Relief	Adult pain relief, external pain relief, sleep aids and stimulants
Skin Care	Acne medications (face and body), skin care, such as moisturizers, barriers, protectants, anti-fungals, sun protection (SPF 15+)
Smoking Deterrents	Nicotine patches, gum
Vitamins/Dietary Supplements	Multivitamins, supplements, single entity vitamins, specialty supplements
Weight Control	Tablets, caps, diuretics, weight loss cleansing and detox

The other \$50 of your quarterly balance can be used to buy food and personal care items, such as:

Personal care items

- Soap
- Deodorant
- Shampoo and conditioner
- Feminine care items
- Hand sanitizer

Food

- Canned and dried beans
- Fresh and frozen vegetables
- Bread and rolls
- Meat
- Pasta
- Rice
- Yogurt
- Water

Some items may be covered by both of your quarterly balances. If that's the case, we'll use what you have for an available balance in the \$162 health items category, and if needed then apply the remainder to your available \$50 food and personal care balance.

To check your card balance, call 1-888-682-2400 (TRS 711), 24/7.

